

Senior Nutrition Menu

600 Grand River Avenue
Port Huron, MI 48060

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Fish Sandwich Green Beans Coleslaw Pineapple Wheat Bun 1% Milk	2 Pork Roast Mashed Potatoes Capri Blend Vegetables Peaches Wheat Bread 1% Milk	3 Chicken Tomato Bake Italian Flat Beans Tossed Salad Pears Wheat Roll 1% Milk	4 Swedish Meatballs California Blend Vegetables Carrots Apricots Wheat Bread 1% Milk	5
6	7 <i>Taste of Mexico</i> Beef & Cheese Burrito Taco Mexican Rice Black Beans & Corn Apple Slices Tortilla Chips 1% Milk	8 Pancakes Turkey Sausage Hashbrown Casserole Vegetable Juice Warm Cinnamon Peaches 1% Milk	9 Crab Cakes Broccoli Red Skin Potatoes Pineapple Wheat Bread 1% Milk	10 CoA Closed - All Staff In-Service No Congregate Meals or HDM delivery	11 Turkey Noodle Casserole Green Beans Coleslaw Hot Cherry Cobbler Wheat Roll 1% Milk	12
13	14 Sesame Chicken Rice Asian Blend Vegetables Mandarin Orange Wheat Bread 1% Milk	15 Lemon Pepper Tilipia Zucchini Stewed Tomatoes Plums Wheat Bread 1% Milk	16 Pot Roast Green Beans Mashed Potatoes Applesauce Wheat Bread 1% Milk	17 Pork Loin Brussel Sprouts Feather River Potatoes Banana Wheat Bread 1% Milk	18 Sirloin Steak Zucchini & Squash Baby Bakers Pears Wheat Bread 1% Milk	19
20	21 BBQ Pulled Pork Sandwich Broccoli Potato Puffs Apple Slices 1% Milk	22 Swiss Steak Carrots Mashed Potatoes Orange Wheat Bread 1% Milk	23 Parmesan Fish Squash Asparagus Peaches Wheat Bread 1% Milk	24 Stuffed Pepper Casserole Tossed Salad Green Beans Plums Wheat Roll 1% Milk	25 Mediterrear Smothered Chicken Red Bliss Potatoes Peas Pineapple Wheat Bread 1% Milk	26
27	28 Memorial Day - No Congregate or HDM Meals	29 Turkey Cutlet California Blend Sweet Potato Puffs Applesauce Wheat Bread 1% Milk	30 Baked Chicken Prince Charles Beans Mashed Potatoes Banana Wheat Bread 1% Milk	31 Tuna Noodle Casserole Carrots Coleslaw Hot Cherry Cobbler Wheat Bread 1% Milk		