

Senior Nutrition Menu

600 Grand River Avenue
Port Huron, MI 48060

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------|--|--|---|---|--|-----------|
| 1 Happy Easter | 2 Parmesan Fish Lima Beans w/ Lemon Dill Herbed Potatoes Mixed Fruit Wheat Bread 1% Milk | 3 Spaghetti w/ Meat Sauce Tossed Salad Green Beans Hot Apple Crisp Wheat Bread 1% Milk | 4 Oven Fried Chicken Breast Broccoli Mashed Potatoes Plums Wheat Bread 1% Milk | 5 Meatloaf Feather River Potatoes Carrots Peaches Wheat Bread 1% Milk | 6 Quiche w/ Broccoli Mixed Fruit Hashbrown Casserole Hot Cinnamon Pears Muffin 1% Milk | 7 |
| 8 | 9 Salisbury Steak Red Skin Potatoes Normandy Vegetables Apple Wheat Bread 1% Milk | 10 Turkey Cutlet Broccoli Feather River Potatoes Mixed Fruit Wheat Bread 1% Milk | 11 Fish Almandine Peas & Carrots Tossed Salad Peaches Wheat Roll 1% Milk | 12 Sweet & Sour Pork Rice Asian Blend Vegetables Hot Cinnamon Pears Wheat Bread 1% Milk | 13 Baked Chicken Zucchini Mashed Potatoes Mandarin Oranges Wheat Bread 1% Milk | 14 |
| 15 | 16 Scrambled Eggs Turkey Sausage Orange Juice Diced Potatoes Peaches Muffin 1% Milk | 17 Taste of the U.S. Key West Chicken Georgian Green Beans Iowa's PJ's Fresh Corn Salad Hawaiian Salad Wheat Roll 1% Milk | 18 Bourbon Pork Chop Zucchini Sweet Potatoes Applesauce Wheat Bread 1% Milk | 19 Potato Crunch Pollock Capri Vegetables Rice Pilaf Tropical Fruit Salad Wheat Bread 1% Milk | 20 Goulash Peas Tossed Salad Apple Wheat Bread 1% Milk | 21 |
| 22 | 23 Tuna Noodle Casserole Broccoli Stewed Tomatoes Mandarin Oranges Wheat Bread 1% Milk | 24 Macaroni & Cheese California Blend Tossed Salad Hot Pear Crisp Wheat Bread 1% Milk | 25 Marinated Chicken Breast Cauliflower Peas Mixed Fruit Wheat Bread 1% Milk | 26 Turkey Tetrazzini Green Beans Mixed Vegetables Pineapple Wheat Roll 1% Milk | 27 Swiss Steak Carrots Mashed Potatoes Plums Wheat Bread 1% Milk | 28 |
| 29 | 30 Turkey Cutlet Mixed Vegetables Sweet Potatoes Tropical Fruit Salad Wheat Bread 1% Milk | | | | | |