

Senior Nutrition Menu

600 Grand River Avenue
Port Huron, MI 48060

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Menus are subject to change</p>					<p>1</p> <p>Turkey Tetrazinni Peas California Blend Applesauce Wheat Bread 1% Milk</p>	<p>2</p>
<p>NOTE: We will be delivering HDM meals on Friday, December 29</p>						
<p>3</p>	<p>4</p> <p>Salisbury Steak Green Beans Baby Bakers Orange Wheat Bread 1% Milk</p>	<p>5</p> <p>Navy Bean & Ham Soup Coleslaw Hot Blueberry Cobbler Cornbread 1% Milk</p>	<p>6</p> <p>Baked Tuna & Noodles Mixed Vegetables Beets Orange Wheat Bread 1% Milk</p>	<p>7</p> <p>Oven Fried Chicken Corn Rice Pilaf w/ Peas & Carrots Peaches Wheat Roll 1% Milk</p>	<p>8</p> <p>Quiche Lorraine Mixed Fruit Broccoli Mandarin Oranges Wheat Bread 1% Milk</p>	<p>9</p>
<p>10</p>	<p>11</p> <p>Lemon Pepper Tilapia Brussels Sprouts Red Skin Potatoes Mixed Fruit Wheat Roll 1% Milk</p>	<p>12</p> <p><i>Taste of Israel</i> Orange Sauce Chicken Sweet Potato Passover Souffle Israeli Salad Passover Apples & Honey Wheat Roll 1% Milk</p>	<p>13</p> <p>Sweet & Sour Pork Rice Sugar Snapped Peas Plums Wheat Bread 1% Milk</p>	<p>14</p> <p>Macaroni & Cheese Stewed Tomatoes California Blend Banana Wheat Roll 1% Milk</p>	<p>15</p> <p>Meatloaf Whipped Potatoes Mixed Vegetables Peaches Wheat Bread 1% Milk</p>	<p>16</p>
<p>17</p>	<p>18</p> <p>Beef Teriyaki Bites Peas Potato Wedges Pineapple Wheat Bread 1% Milk</p>	<p>19</p> <p>Fish Almandine Corn Coleslaw Hot Cinnamon Peaches Wheat Roll 1% Milk</p>	<p>20</p> <p>Marinated Chicken Breast Italian Blend Vegetables Baked Potato Banana Wheat Roll 1% Milk</p>	<p>21</p> <p>Ham Green Beans Mashed Potatoes Cherry Pie Wheat Bread 1% Milk</p>	<p>22</p> <p>Swiss Steak Carrots Sweet Potatoes Applesauce Wheat Bread 1% Milk</p>	<p>23</p>
<p>24</p>	<p>25</p> <p>Merry Christmas - No HDM or Congregate Meals</p>	<p>26</p> <p>No HDM or Congregate Meals</p>	<p>27</p> <p>Potato Crunch Pollock Carrots Feather River Potatoes Mandarin Oranges Wheat Bread 1% Milk</p>	<p>28</p> <p>Cheese Manicotti w/ Spaghetti Sauce Broccoli Tossed Salad Hot Apple Cobbler Wheat Roll 1% Milk</p>	<p>29</p> <p>Baked Chicken Rice Pilaf Prince Charles Blend Cinnamon Peas Wheat Bread 1% Milk</p>	<p>30</p>
<p>31</p>						